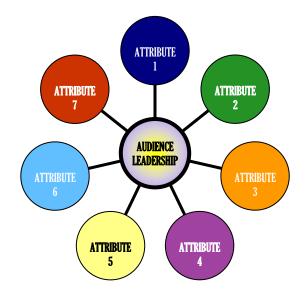
# THE AUDIENCE LEADERSHIP ASSESSMENT

Using 7 Core Competencies to Determine Your Strengths and Weaknesses in Successfully Leading Audiences to Action.

> By Inspired Leadership Training

> > © 2010-2018 Lizabeth Phelps

# The Audience Leadership Assessment



Welcome! You are about to answer 108 questions designed to determine your strengths and weaknesses in successfully leading audiences to action—based on 7 core competencies. When working with audiences, you have one goal, whether you have considered it or not: to get them to <u>act</u>. Perhaps you want them to act on a new departmental process; or on your business; on an idea, or even a revolution. It is, therefore, essential to uncover the areas of your strengths, so you can build upon them, and your areas of weakness, so you can strengthen them—bringing your intentions for a presentation or speech into alignment with its results.

**The Audience Leadership Assessment (ALA)** is divided into 7 sections, for each of the 7 Core Audience Leadership Competencies. We do not want to influence your answers in any way by naming those competencies now, but rest assured you will learn of them in your evaluation report. In that report, you will receive 7 individual scores, reflecting each competency, as well as a single overall score, averaging them all. Explanations of each score are included. If you are having a private consultation, your answers will be addressed in detail.

The **ALA** should take no more than 20 minutes to complete. Please answer each question with a strict adherence to personal integrity and honesty. You may feel that giving some answers will cast you in a better light than if you were to answer others. Please remember that this is not a popularity contest, and approval—yours or any one else's--is not your objective in taking this assessment. Your goal is to ascertain your strengths and weaknesses, so allow for the weaknesses. They teach you more than your strengths.

Consider each question carefully, and have fun!

### SECTION ONE

Please indicate how **often** these statements are true for you: **1**= **Never**; **2**=**Rarely**; **3**= **Occasionally**; **4**= **Mostly**; **5**=**Consistently** 

- 1. If asked, I can sum up a movie or novel in **one sentence**.
  - $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 3. When describing anything—and particularly to audiences--I share the **big picture** before going into details.

- 4. I have a natural tendency to take complex information and make it **understandable** to even a grade school child.
- 5. I naturally put myself "in the shoes of my audience" as I deliver my information.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 6. Throughout my presentation/talk, I **interview or otherwise ask questions** of my audiences. □ 1 □2 □3 □4 □5
- 7. I consistently connect my topic to something with which my audience is **already familiar**.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 8. I have an internal radar, which I use naturally and consistently, that monitors the degree to which my audience comprehends what I'm saying.

   1
   2
   3
   4
   5
- 9. I naturally insert into my speaking words that conjure **images**.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 10. Throughout my talk, I continually **reinforce and/or review** the material I'm delivering.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 11. I create a level of **suspense** and curiosity about my material *before* delivering it, so my audiences are **eager** to hear it when it finally comes.
  1 2 3 4 5
- 12. I use **many different strategies** for delivering my material (vs. only "speaking as they listen").  $1 \quad 2 \quad 3 \quad 4 \quad 5$
- 13. I support my topic with many visuals. $\Box$ 1 $\Box$ 2 $\Box$ 4 $\Box$
- 14. I am a **linear** thinker—I naturally think in steps/sequences.  $\Box 1 \Box 2 \Box 3 \Box 4 \Box 5$

15. My audience members often **interact with one another** throughout my presentation.

 $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

16. My audiences discuss or otherwise **reflect** on my material while still in the room with me.  $1 \quad 2 \quad 3 \quad 4 \quad 5$ 

**SECTION TWO** 

Please indicate how **often** these statements are true for you: 1= Never; 2=Rarely; 3= Occasionally; 4= Often; 5=Consistently 1. My audiences would say they feel **highly valued** (respected, encouraged) by me throughout my talk.  $\square 1$  $\square 2$  $\square 3$  $\square 4$  $\Box 5$ 2. I get my audiences to verbally *articulate* the value of what they're learning while in the room with me.  $\Box 1$  $\Box 2$  $\Box 3$  $\square 4$  $\Box 5$ 3. I know how to **purposefully direct** my audiences' perceptions of me and the material I deliver, so they see them both very positively.  $\square 1$  $\square 2$  $\square 3$  $\square 4$  $\Box 5$ 4. I know how to enroll my audiences in **eagerly listening** to or **participating** in things they might normally have **resistance** to.  $\square 1$  $\square 2$  $\square 3$  $\square 4$  $\Box 5$ 5. I could name specific emotions I **strategically** seek to stir in my audiences so they will take action or make change. □ 1  $\Box 4$  $\square 2$  $\square 3$  $\Box 5$ 6. I have a highly-tuned radar for feeling the **energy levels** of an audience at every moment.  $\Box 1$  $\Box 2$ □3 □4  $\Box 5$ 7. I have tools for strategically generating a **circuit of positive energy flow** between me and my audiences.  $\square 1$  $\square 2$  $\square 3$  $\square 4$  $\Box 5$ 8. I strategically arrange the **physical environment** of my rooms to achieve optimal **synergy** between me and the audience.  $\square 1$  $\Box 2$  $\Box 5$  $\Box 4$ 9. I know where and when to **stand** to subliminally make the specific and different impacts I want to make on my audiences.  $\Box 2$  $\square 1$  $\Box 4$  $\Box 5$ 10. I employ specific **strategies** that successfully and instantly change the mood of a room.  $\square 1$  $\square 2$  $\Box 3$  $\square 4$  $\Box 5$ 

11. I consciously	and strat	egically	use my	voice a	as an ins	strument to	direct	people's (	emotions.
	□ 1	$\Box 2$		□4	$\Box 5$				

- 12. I use certain techniques to highlight a particular section of material so that it makes a stronger impression on my audience than other sections.
  1 2 3 4 5
- 13. I know how to strategically use specific **music** to optimize my audience's attention and learning capability.

$\Box$ 1	$\Box 2$	□4	□5

- 14. I often and *clearly* remind my audiences of how **my material relates to and benefits them**.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 15. Everything I do is **strategically planned** to achieve optimal attention and retention of my material for the audience.

 $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

- 16. I create a **positive environment** where receiving my information is stimulating and often fun.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 17. I bring an element of the **unexpected** into the delivery of my material.

|--|

#### **SECTION THREE**

Please indicate how <u>true</u> statements are about you. *1= Never; 2=Rarely; 3=Occasionally; 4=Often; 5=Predominantly* 

1. I consider my audiences **participants** more than **spectators.** 

 $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

- 2. I am **one of the experts** in the room, rather than "the" expert.  $\Box$  1  $\Box$ 2  $\Box$ 3  $\Box$ 4  $\Box$ 5
- I do not enter a presentation/speech terrified of making a mistake because I know "mistakes happen" and that's okay.

   1 
   2
   3
   4
   5
- 4. When I do make a mistake, I am self-effacing and **light** on my feet, as opposed to **nervous** and **embarrassed.**

 $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

5. I am consistently **confident** that my audiences get great value from my talks.

6.	If I think about it, I'd say that unconsciously I am focused mostly on what <b>I want <i>for</i> my</b> <b>audiences,</b> rather than on what I want <i>from</i> them.									
		□ 1	□2		□4					
7.	I <b>love</b> my topi	c(s). □ 1	□2	□3	□4	□5				
8.	I do not <i>need</i> a that.	audience	es to like	me. I u	nderstar	d I <b>can't please everyone</b> and am okay with				
		□ 1	□2		□4	□5				
9.	Perhaps I'm a	bit nervo	-	generall □3	-	forward to delivering a talk or presentation. $\Box 5$				
10.	,	me, eacl		new and	intere	ons" when giving their presentations and <b>sting</b> and I am excited by each one.				
11.	I want someth material/inforn	-	-	nces tha □3		<b>ger</b> than the mere <b>content</b> of my □5				
12	<ul> <li>12. I would rather ruffle feathers if it means being <b>effective</b> with my audiences, than be <i>in</i>effective but maintain the status quo <u>and</u> their approval of me.</li> <li>1 2 3 4 5</li> </ul>									

## **SECTION FOUR**

	1= Nev					hese statements are. <i>Ily; 4=Mostly; 5=Consistently</i>
1.	purpose; inspirat	<i>tion</i> tha	t speak	•	t I want	<b>message</b> : a statement of <i>advice; direction;</i> for my audience.
2.	I am <b>passionat</b>		•		ge. □4	□5
3.	I articulate this c	core me □ 1	essage ir □2	n <b>one se</b> 3	entence □4	in my presentations/speeches. $\Box 5$
4.	My core, single-s	stateme	ent mess □2	age is <b>s</b> □3	imple to □4	o understand (a 5-year-old could understand it.) $\Box 5$
5.	My core message	e is <b>fre</b> □ 1	shly sta □2	ated. □3	□4	□5

6.	My message is	uplifting	, offering	g possit	oilities a	and <b>opportunities.</b>
		$\Box$ 1	$\Box 2$		□4	
7.	My message cle	early <b>be</b>	nefits m	ny audier	nce (or t	hose to whom my subject applies).
		$\Box$ 1	$\Box 2$		□4	
8.	I believe my m	essage le	eaves pe	ople wa	nting to	know/learn/hear more.
	,	$\square 1$	$\Box 2$	□3	□4	$\Box 5$
		<b>-</b>		_ <b>v</b>	•	
9.	My message <b>in</b>	spires a	in audiei	nce to <b>c</b> l	hange a	and/or act.
	,		□2	□3	□4	□, == ==== □ 5
		<b>•</b>		<b>_</b> 2	<b>—</b> •	
10.	My message st	irs listen	ers' emo	otions.		
10.	ny message se				□4	□5
11	My message of	fers a <b>so</b>	lution			
11.	Thy message of			□3	□4	$\Box 5$
				$\Box J$		
17	My mossage cl	oorly ctot	oc what	Twont	my audi	anco to <b>do</b>
12.	My message cle		$\square 2$		⊓y auui ∏4	$\square 5$
				$\Box \mathcal{I}$	⊔4	$\Box J$
10	N4					
13.	my message ap	peals to	someth	ing in pe	opie tha	at goes beyond the subject itself

### **SECTION FIVE**

Please indicate how <u>true</u> these statements are. 1= Never; 2=Seldom; 3= Occasionally; 4= Often; 5=Consistently

- 1. I *write* to gather my thoughts about a presentation or talk.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 2. I use a **design model** that allows me to craft my presentation in under 10 minutes.  $1 \quad 2 \quad 3 \quad 4 \quad 5$
- 3. I can articulate, before a presentation, my single clear objective in one sentence.  $1 \quad 2 \quad 3 \quad 4 \quad 5$
- 4. I can articulate, clearly, the handful of **sub-objectives my material achieves**.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 5. I have a single **thesis statement/idea** that is always being directly supported throughout my talk.

 $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

6. I have a **core message** and refer to it throughout my speech/presentation.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$ 

7.	I research dat	ta and <b>o</b>	rganize	it well in	n my not	es.
		□ 1	$\Box 2$		□4	$\Box 5$
8	I include that <b>d</b>	lata, re	search a	and fact	ts to sur	port my material.
0.					□4	
9.	I am confident middle and end		rrange m	ny mater	ial in an	orderly fashion—with a distinct beginning,
			$\Box 2$		□4	□5
10.	I am confident	that my □ 1	content □2	is <b>lean</b> □3	and cor □4	<b>ncise</b> , with no superfluous information. $\Box 5$
11.	I <b>practice</b> seventiate seve		es before	a prese	ntation/s	speech, as though I were <b>actually standing</b>
	,	□ 1	$\Box 2$		□4	
12.	I gather my no	tes into	final <b>ske</b>	eleton n	otes—h	rief, with few words.
	i gather my no		□2	□3	□4	
13.	I prepare a fee	dback m □ 1	hethod for $\Box 2$	or my tal	ks: <b>eval</b> □4	uations, videotaping or other. $\Box 5$
	• · · · ·					
14.	I could articula	ate <b>why</b> □ 1		$\square 3$	ent is "g □4	□5
15.	Generally, I do	not <b>spe</b>	ak exte	emporar	neously	
		$\Box$ 1	$\Box 2$		$\Box 4$	$\Box 5$

## **SECTION SIX**

Please indicate how <u>often</u> these statements are true. *1= Never; 2=Seldom; 3= Occasionally; 4= Often; 5=Consistently* 

- 1. I exhibit **exuberance** when I'm in front of an audience.  $\Box \ 1 \ \Box 2 \ \Box 3 \ \Box 4 \ \Box 5$
- 2. I engender **devotion** from my audiences.
  - $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$
- 3. When I smile, my eyes **wrinkle** around the edges.  $\Box 1 \Box 2 \Box 3 \Box 4 \Box 5$
- 4. I often **touch** people on the arm, shoulder or hand during conversations.  $\Box 1 \quad \Box 2 \quad \Box 3 \quad \Box 4 \quad \Box 5$

5		I am <b>expressiv</b>	ve.				
			$\Box 1$	$\Box 2$		□4	
6.			eloquent 2	-	speaking □4	i (as opp □5	osed to articulate).
7	•	At times, I defir			ectricity □3		etween me and my audiences. $\Box 5$
8	•	I would conside	er myself		<b>nary.</b> □3	□4	
9.		I feel noticeably			ront of a		5. □5
1	0.	I naturally and		-	the grea □3		
1	1.	I tend to use w	ords that		images. □3		
12	2.	I know that I re			n <b>emoti</b> □3		
13	3.	I clearly " <b>stanc</b>	l for son □ 1		<b>g"</b> and m □3		nces know what that is. $\Box 5$
14	4.	In conversation	, I <b>nod</b> v □ 1	vhen pe □2	ople are □3	talking. □4	□5
1:	5.	I have a deep,			ected e □3		<b>Eact</b> with people—on stage and off. $\Box 5$
10	6.	I <b>feel</b> what oth	ers are fe	eeling. □2	□3	□4	□5
17	7.		hough <b>th</b>	ney ma	<b>tter</b> , and	d that I e	enjoy them, when we're in conversation—on and
		off stage.	□ 1	□2	□3	□4	
1	8.	I believe some		as a <b>sy</b> □2		what th □4	ey desire. $\Box 5$
19	9.	I genuinely <b>car</b>	e about a □ 1	and am □2	interes □3	<b>ted</b> in e □4	very single person in my audience. $\Box 5$
20	0.	I easily <b>joke</b> at	oout mys		audience	es. □4	□5

## SECTION SEVEN

Pl	Please answer how true these statements are based on video feedback you have seen,								
	or feedback from those who have seen you. <i>1= Never; 2=Seldom; 3= Sometimes; 4= Often; 5=Consistently</i>								
				,					
1.	I know that my talk.	voice ri	ises and $\Box 2$	falls in <b>r</b> □3	<b>oitch</b> , c □4	reating a melody of sorts, throughout my entire $\Box 5$			
2.	I know that my	/ voice c	onsisten	tlv rises	and fall	s in <b>volume</b> , for emphasis.			
	· · · · <b>/</b>	□ 1	□2		□4				
3.	I endeavor to r entire talk.	nake <b>st</b> i	rong ey	e conta	<b>ct</b> with	each member of my audience throughout my			
	entire taik.	□ 1	□2	□3	□4				
4.	I bring <b>humor</b>	into my	speeche	es and p	resenta	tions.			
		□ 1	$\Box 2$		□4				
5	I do <b>not read</b>	from m	/ notes						
5.					□4				
C	T	·····							
6.	I use well-posit	tionea <b>s</b> i	tories ir	n my pre □3	sentatio	on. □5			
				-		-			
7.	I never lean or			g as I an □3		ing, both of my feet are <b>planted on the floor.</b> $\Box 5$			
8.	I liberally use <b>I</b>	nand ge	stures	to emph	asize or	illustrate points.			
				$\Box 3$	□4				
9	Luse a <b>loose :</b>	and cas	ual ton	e (vs. fo	rmal or	stiff) in my presentations.			
).									
10.				w atten □ 3		mistakes I may make.			
11.	I deliberately v					t times and slow—for effect.			
		□ 1	$\Box 2$		□4	$\Box 5$			
12.	I deliberately u			a " <b>paus</b>	e" for e	effect.			
		□ 1	$\Box 2$		□4	$\Box 5$			
13	13. My hands are <b>never</b> in my pocket.								
10	,		□2		□4				
14	14. I am free of " <b>fidgeting</b> "—with markers/coins/hair/notes.								
17.									
4-	<b></b>								
15.	I <b>smile</b> consist	tently an	d often $\Box 2$	througho	out my □4	presentation. $\Box 5$			